



Samani Akshya Pragya Ji



Samani Viney Pragya Ji

VISIT BY JAIN SADHVIS IN CHARLOTTE

(Jain Nuns, Disciple of His Holiness Acharya Mahapragyaji)

Program

September 12th Friday 7:30 PM to 9:15 PM Meditation & **Lecture on Benefits of Meditation at Gandhi Bhavan**

September 13th Saturday 9:30 AM—12 AM **Yoga Class & Health Topic Discussion Vivek hall**

(We will also allocate some time for Q&A and personal consultation)

September 13th Saturday 7:30 to 9:30 PM Meditation and **Lecture on *What is Spirituality?* at Gandhi Bhavan**

September 14th Sunday 12:30 PM to 2:00 PM Gandhi Bhavan *Meditation & Lecture on Who is Responsible for your present state?*****

(Mahaprasad will be served after the session in the Vivek Hall)

**** *Special Yoga class for children 12:30 to 1:15 pm at Vivek Hall***

For more information please contact Vinod Jain 704-264-7321 or Deepak Jain 704-965-7034